



Youth Packing List

Required for Admissions:

- Picture Identification.
- Insurance/Medical card.
- Payment*.

*Sundown M Ranch does not have an ATM.

Medical:

- Prescription medications in their original packaging with labels attached, and enough for the length of your stay.
- Over-the-counter medications and supplements/vitamins must be in new, unopened sealed original containers.
- Nicotine patches in their unopened original packaging. (7 mg to 14 mg only)

*Mixed medications are **not allowed**.

Personal Care:

- 7-10 days' worth clothing. Please do not bring delicate clothing that will not hold up in standard washing and drying machines.
- Work out clothing and gym/athletic shoes/hiking shoes are optional.
- Sandals, flip flops or any opened toed shoes must be worn with socks.
- All toiletries: toothbrush, razor, shampoo, soap, deodorant, make up removal cloths, lotions, etc. Mouthwash must be alcohol-free.
- Youth are allowed money to be placed in a spending account, for vending machines and the bookstore.
- Small AM/FM clock radio that plugs into the wall, batteries not allowed.
- Earbuds to be used in the school environment only. (non-Bluetooth)

*Laundry service is provided once per week.

Please Do Not Bring:

- Tobacco products, including vapes of any kind, lighters, matches.
- Chewing gum, candy, or outside food.
- "Razors, scissors, hair clippers, (disposable razors are provided by SMR)
- Gang attire, bandanas, tank tops, leggings, or revealing clothing.
- Cell phones.
- Laptops, netbooks, iPads, or any type of computer.
- DVD players
- Game Consoles or any type of video game.
- Ipods, CD players, or any type of music player.