31st Annual
Merrill Scott Symposium
On Alcohol and Other Drug Addictions
August 25-26, 2016
The thirty-first Annual Merrill Scott Symposium will focus on providing the most current information for delivering effective chemical dependency treatment. The symposium is dedicated to providing a high quality and meaningful educational experience. Topics for this year’s program include: adolescent treatment, grief, medication assisted treatment, marijuana, and more. The information presented is designed for chemical dependency counselors, agency directors and administrators, nurses, physicians, attorneys, law enforcement, and anyone who assists individuals in achieving quality recovery.

**Keynotes**

**Claudia Black, Ph.D.**
Claudia Black Young Adult Center at The Meadows

**Ahmed Eid, MA, LADC**
Manager of Addiction Program, HBFF

**SPECIAL EVENT:**
**THURSDAY EVENING**
Banquet
Featured Speaker:

**Pat O’Brien**
Sportscaster, Author, Radio Personality

**SYMPOSIUM SCHEDULE**

**Thursday, August 25**

<table>
<thead>
<tr>
<th>Time</th>
<th>Event</th>
</tr>
</thead>
<tbody>
<tr>
<td>6:45 A.M.-7:45 A.M.</td>
<td>AA &amp; Alanon</td>
</tr>
<tr>
<td>7:30 A.M.-8:30 A.M.</td>
<td>Registration</td>
</tr>
</tbody>
</table>
| 8:30 A.M.-10:30 A.M. | Keynote: Claudia Black, Ph.D.  
Addiction & Trauma: The Complexities of Treating the Young Adult |
| 10:45 A.M.-12:15 P.M. | Breakout Session A (See descriptions) |
| 12:15 P.M.-1:00 P.M. | Lunch                                  |
| 1:00 P.M.-2:30 P.M. | Breakout Session B (See descriptions) |
| 2:45 P.M.-4:15 P.M. | Breakout Session C (See descriptions) |
| 7:00 P.M.-9:00 P.M. | Symposium Banquet  
Keynote Speaker: Pat O’Brien |

**Friday, August 26**

<table>
<thead>
<tr>
<th>Time</th>
<th>Event</th>
</tr>
</thead>
<tbody>
<tr>
<td>6:45 A.M.-7:45 A.M.</td>
<td>AA &amp; Alanon</td>
</tr>
<tr>
<td>7:30 A.M.-8:30 A.M.</td>
<td>Registration</td>
</tr>
</tbody>
</table>
| 8:30 A.M.-10:30 A.M. | Keynote: Ahmed Eid, MA, LADC  
Opioid Addiction and Medication Assisted Treatment |
| 10:45 A.M.-12:15 P.M. | Breakout Session D (See descriptions) |
| 12:15 P.M.-1:00 P.M. | Lunch                                  |
| 1:00 P.M.-2:30 P.M. | Breakout Session E (See descriptions) |
Claudia Black, Ph. D.
Claudia Black Young Adult Center at The Meadows

Claudia Black, Ph. D. is the clinical architect for and actively involved in the Claudia Black Young Adult Center at The Meadows. She works with the executive director and clinical director and their team assessing and enhancing the quality of the program. She is frequently on site speaking with clients and family members. She serves as a Senior Fellow and has been a clinical consultant at The Meadows Treatment Center in Arizona since 1998.

Claudia Black’s seminal work with children impacted by substance abuse in the late 1970s created the foundation for the adult child movement. Today Claudia is a renowned author and trainer internationally recognized for her pioneering and contemporary work with family systems and addictive disorders. She sits on the Advisory Board for the National Association of Children of Alcoholics, and the Advisory Council for the Moyer Foundation.

Claudia’s pioneering contributions are many:
She would be the first to name and coin the dysfunctional family rules, “Don’t Talk, Don’t Trust, Don’t Feel.”
She described the phenomena of delayed stress, emotional trauma, the child’s denial process, the phenomena of “looking good” kids as they relate to growing up with addiction, and hence the meaning and phraseology of “Adult Child of Alcoholics”.
She utilized art therapy in the context of group work with young children that offered a model for children’s programs for the past three plus decades.
She broke the barrier and openly discussed physical and sexual abuse in the context of addictive families.

Her work and her passion have been ageless and offer a foundation for those impacted by addiction to recover, as well as give our professional field a library of both depth and breadth.

Dr. Black is the recipient of numerous national awards including the 2004 Distinguished Alumni Award from the University of Washington School of Social Work, the 2010 Conway Hunter Award for excellence in the field of addictions, the 2012 Robert Rehmar Addiction Professional Award, the 2014 Father Joseph C. Martin Professional Excellence Award and the NAADAC 2014 Lifetime Achievement Award.

Dr. Black has been a keynote speaker on Capitol Hill in Washington, D.C. and on Parliament Hill in Ottawa, Canada. Her workshops have been presented to an extraordinarily wide array of audiences including military academies, prison systems, medical schools, and extensive mental health and addiction programs. Claudia has extensive multi-cultural experiences working with agencies and audiences in Japan, Brazil, Australia, Scotland, Iceland, Germany, England and Canada. Many of her books and videos have been translated and published abroad.

Claudia is the author of It Will Never Happen To Me, Changing Course, My Dad Loves Me, My Dad Has A Disease, Repeat After Me, Relapse Toolkit, A Hole in the Sidewalk, Depression Strategies, Straight Talk, Family Strategies, Anger Strategies, Deceived: Facing Sexual Betrayal, Lies and Secrets, The Truth Begins With You, and her most recent book, Intimate Treason. She has produced several audio CDs and over twenty DVDs. All of Claudia’s materials are available from her website, www.claudiablack.com.
Merrill Scott Symposium
Thursday Keynote Presentation

Addiction & Trauma: The Complexities of Treating the Young Adult
Claudia Black, Ph. D.

Working with the young adult with addictive disorders most often also means working with co-occurring disorders of anxiety and depression. This presentation will focus on the dynamics of underlying trauma that fuels these disorders. Recognizing not just blatant traumas, but addressing developmental trauma is significant in their treatment. Claudia will conclude by addressing how treatment protocol that recognizes the development needs of this age group differs from their older counterparts.

Objectives:
- Identify dynamics of developmental trauma
- Identify factors that place young people with economic and social advantages to be high risk for addiction and co-occurring disorders
- List eight core elements to a healthy treatment process

Workshop: Behind the Curtain of Shame
After distinguishing a difference between guilt, embarrassment and toxic shame, Claudia Black will describe the underpinnings and consequences to shame-based beliefs that fuel the compulsive processes, both substance and process addictions. They are also dynamics that are the critical issues in addressing both the addicts and the family members’ codependency. Shame screens such as victimization, perfectionism, rage, procrastination and controlling behavior will be discussed.

Participants will be able to:
- Describe the relationship of shame to core clinical issues
- Describe the relationship of abandonment and boundary distortion to the creation of unhealthy shame
- List 8 shame screens

Merrill Scott Symposium
Friday Keynote Speaker

Ahmed Eid, MA, LADC
Manager of Addiction Program, HBFF

Ahmed Eid is the Manager of Addiction Programs at Hazelden, Part of the Hazelden Betty Ford Foundation.

He is also Chair of the COR 12 (Comprehensive Opioid Response) Oversight Committee. COR 12 offers extended, adjunctive medication assisted treatment for opioid dependence as a means to help people achieve a stable, Twelve Step-based recovery lifestyle and ultimate abstinence from opioids.

Ahmed taught a graduate class on counseling theory and practice for 2 years as an adjunct faculty member at the Hazelden Graduate School of Addiction Studies. He has approximately 8 years of counseling experience in both outpatient and residential settings.

He has a BA in Applied Psychology and an MA in Applied Counseling.

Ahmed is a Licensed Alcohol and Drug Counselor through the Minnesota Board of Behavioral Health and Therapy.
Merrill Scott Symposium  
Friday Keynote Presentation

**Opioid Addiction and Medication Assisted Treatment**  
Ahmed Eid, MA, LADC

This keynote presentation will focus on the treatment of opioid addiction utilizing medication-assisted treatment (MAT). It will consider the different types of medications and the complexity associated with implementing their use in a treatment setting. The presentation will address the challenges of integrating recovering opioid users who are utilizing MAT into the recovery community and society at large.

<table>
<thead>
<tr>
<th>Time</th>
<th>Event Description</th>
</tr>
</thead>
<tbody>
<tr>
<td>6:45 A.M.-7:45 A.M.</td>
<td>AA &amp; Alanon</td>
</tr>
<tr>
<td>7:30 A.M.-8:30 A.M.</td>
<td>Registration</td>
</tr>
</tbody>
</table>
| 8:30 A.M.-10:30 A.M.  | **Keynote: Claudia Black, Ph.D.**  
                       | Addiction & Trauma: The Complexities of Treating the Young Adult |
| 10:45 A.M.-12:15 P.M. | Breakout Session A (See descriptions)                  |
| 12:15 P.M.-1:00 P.M.  | Lunch                                                   |
| 1:00 P.M.-2:30 P.M.   | Breakout Session B (See descriptions)                  |
| 2:45 P.M.-4:15 P.M.   | Breakout Session C (See descriptions)                  |
| 7:00 P.M.- 9:00 P.M.  | Symposium Banquet  
                       | **Keynote Speaker: Pat O’Brien**                       |

Friday, August 26

<table>
<thead>
<tr>
<th>Time</th>
<th>Event Description</th>
</tr>
</thead>
<tbody>
<tr>
<td>6:45 A.M.-7:45 A.M.</td>
<td>AA &amp; Alanon</td>
</tr>
<tr>
<td>7:30 A.M.-8:30 A.M.</td>
<td>Registration</td>
</tr>
</tbody>
</table>
| 8:30 A.M.-10:30 A.M.  | **Keynote: Ahmed Eid, MA, LADC**  
                       | Opioid Addiction and Medication Assisted Treatment      |
| 10:45 A.M.-12:15 P.M. | Breakout Session D (See descriptions)                  |
| 12:15 P.M.-1:00 P.M.  | Lunch                                                   |
| 1:00 P.M.-2:30 P.M.   | Breakout Session E (See descriptions)                  |
## BREAKOUT SESSION SCHEDULE

### THURSDAY
8:30 AM–10:30 AM

<table>
<thead>
<tr>
<th>Breakout Session A</th>
<th>Workshop A-1</th>
<th>Grief Recovery and Addiction Treatment</th>
<th>Bill Starr, D.Min., MAC, CDP</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>Workshop A-2</td>
<td>Legal Marijuana and Recent Drug Trends</td>
<td>Steve Freng, Psy.D., MSW</td>
</tr>
</tbody>
</table>

12:15 PM -1:00 PM

| Lunch Break | Lunch provided in the dining room |

### FRIDAY
8:30 AM-10:30 AM

<table>
<thead>
<tr>
<th>Breakout Session D</th>
<th>Workshop C-1</th>
<th>Grief Recovery and Addiction Treatment</th>
<th>Bill Starr, D.Min., MAC, CDP</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>Workshop D-2</td>
<td>Ethics and Law: For Behavioral Health Professionals Part 1</td>
<td>Mark Loes, MBA, CDP</td>
</tr>
</tbody>
</table>

12:15 PM -1:00 PM

| Lunch Break | Lunch provided in the dining room |

### #A-1 Grief Recovery and Addiction Treatment
Bill Starr, D.Min., MAC, CDP  
Chaplain, Sundown S M Ranch

We all know that addiction treatment is multi-dimensional, and therefore treatment of addictions must be multi-dimensional as well. Many look at addiction issues ranging from biological and genetic factors, to stress, trauma, abuse, and other issues, all of which impact a person’s life and their addictions. Grief is often times overlooked as an area of concern, and is simply diagnosed and treated as depression, seen as an issue which people must just accept as a part of life, or ignore altogether.

This workshop will demonstrate the significance of specifically addressing grief as a primary factor that could lead to increased chemical use, or to a relapse back into addictive behaviors after an extended time in recovery. We will be looking at ways that the Grief Recovery Method can be effectively utilized in addiction treatment programs from the perspective of someone who has worked with hundreds of clients as the Chaplain at Sundown M Ranch, and as a Grief Recovery Specialist for nearly 13 years.

### #A-2 Legal Marijuana and Recent Drug Trends
Steve Freng, Psy.D., MSW  
Prevention/Treatment Manager

This workshop will touch on drug trafficking in the region; the most prevalent drugs of abuse including opioids, methamphetamine and marijuana; and will provide data and detail from the Northwest HIDTA Washington State Marijua-

### #B-1 Behind the Curtain of Shame
Claudia Black, Ph. D.  
Claudia Black Young Adult Center at The Meadows

After distinguishing a difference between guilt, embarrassment and toxic shame Claudia Black will describe the underpinnings and consequences to shame-based beliefs that fuel the compulsive processes, both substance and process addictions. They are also dynamics that are the critical issues in addressing both the addicts and the family members’ codependency. Shame screens such as victimization, perfectionism, rage, procrastination and controlling behavior will be discussed.

Participants will be able to:
- Describe the relationship of shame to core clinical issues
- Describe the relationship of abandonment and boundary distortion to the creation of unhealthy shame
- List 8 shame screens
C-1 Grief Recovery and Addiction Treatment
Bill Starr, D.Min, MAC, CDP
Chaplain, Sundown M Ranch

We all know that addiction treatment is multi-dimensional, and therefore treatment of addictions must be multi-dimensional as well. Many look at addiction issues ranging from biological and genetic factors, to stress, trauma, abuse, and other issues, all of which impact a person’s life and their addictions. Grief is often times overlooked as an area of concern, and is simply diagnosed and treated as depression, seen as an issue which people must just accept as a part of life, or ignore altogether. (This is a repeat of workshop A-1)

This workshop will demonstrate the significance of specifically addressing grief as a primary factor that could lead to increased chemical use, or to a relapse back into addictive behaviors after an extended time in recovery. We will be looking at ways that the Grief Recovery Method can be effectively utilized in addiction treatment programs from the perspective of someone who has worked with hundreds of clients as the Chaplain at the Sundown M Ranch, and as a Grief Recovery Specialist for nearly 13 years. (This is a repeat of workshop A-1.)

#B-2 Legal Marijuana and Recent Drug Trends
Steve Freng, Psy.D., MSW

This workshop will touch on drug trafficking in the region; the most prevalent drugs of abuse including opioids, methamphetamine and marijuana; and will provide data and detail from the Northwest HIDTA Washington State Marijuana Impact Report. (This is a repeat of workshop A-2)

#D-1 The Hazelden Betty Ford COR 12 Experience
Ahmed Eid, MA, LADC

This workshop will focus on the Hazelden Betty Ford Foundation experience and allow for questions and answers around Medication Assisted Treatment.

#D-2 Ethics and Law: For Behavioral Health Professionals
Part I
Mark Loes, MBA, CDP

This two-part presentation meets the 4-hour continuing education requirement. A power point file with many useful resources will be provided to all attendees. The information presented is collected from reliable and credible sources and from years of experience. The presentation model is didactic and experiential and is designed to explore ethics, ethical dilemmas and the law as it relates to Chemical Dependency Professionals.

Goals and Objectives: Attendee will:
- Review ethical terms and definitions
- Study Washington Administrative Code 388-877 and 246-16 and Revised Code of Washington 18.130.180
- Illustrate biases and heuristics
- Examine ethical theories

#E-1 To be Announced

#E-2 Ethics and Law: For Behavioral Health Professionals
Part II
Mark Loes, MBA, CDP

See description for workshop D-2

Thank you for attending the 2016 Merrill Scott Symposium. We sincerely hope it met your educational needs.

Most of our speakers have provided a copy of their presentations and handouts for the conference flash drives.

Please remember to complete the conference evaluation to help us plan for future conferences.